Tolerogenic insulin peptide therapy precipitates type 1 diabetes

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Daniel et al. (https://doi.org/10.1084/jem.20110574) have previously published in JEM a study on the preventive effect of tolerogenic vaccination with a strong agonist insulin mimetope in type 1 diabetes. Our study now challenges these results and shows that osmotic pump delivery of the modified insulin peptide R22E did not prevent hyperglycemia, accelerated disease onset, increased its incidence, and worsened insulitis.

We analyzed two independent NOD colonies, #1 and #2, derived from breeders imported 18 yr ago or during the course of this study, and presenting 53.2% and 83.3% T1D incidence in females, respectively (Fig. S1, A and B). In both colonies, IAA titers measured at 4 wk of age were low (4w-IAA<sub>low</sub>) and provided no prediction power (Fig. S1, C, D, and G). In 6-wk-old mice (Fig. S1, E–H), titers spread over 3 logs, linear regression analysis established the optimal threshold for T1D predictability at 0.1, and selection for 6w-IAA<sub>low</sub> titers (<0.1) delayed disease onset and reduced T1D incidence. These results are concordant with earlier experiments reporting that IAA titers are low at 4, and predictive of disease at 8 wk of age (Zhang et al., 2008). Daniel et al. (2011) state that 95% of the mice were 4w-IAA<sub>low</sub>, although the representative data identify 25% of the mice as 4w-IAA<sub>high</sub>. Titer distribution in 12-wk-old animals is not indicated. Moreover, control animals, presumably selected as IAA<sub>low</sub> (at 4 and 12 wk of age, in the respective figures), display high incidence and usual onset of disease, suggesting the measurements had little predictive power.

To test whether R22E treatment is protective in our NOD colonies, we followed the protocol described in Daniel et al. (2011). Females IAA<sub>low</sub> (<0.1) received highly purified R22E for 14 d, through a subcutaneous osmotic pump delivering 5 µg/day. We chose this dose as it is shown to confer 100% protection in each of the several experiments presented in Daniel et al. (2011), and doses twofold lower or two- to fourfold higher are reported to also afford protection. We followed the manufacturer’s recommendation to remove the osmotic pump after the 2-wk treatment, both to ensure precision in the dose and regimen of peptide delivery and to avoid “swelling and leaking of a concentrated salt solution, resulting in local irritation around the pump” (Alzet mini-pump instructions). To ascertain that surgical intervention was not a confounding factor, control mice in colony #2 were sham operated. Moreover, mice from colonies #1 and #2 received peptide from independent batches, the latter from the same supplier as Daniel et al. (2011). Surprisingly, mice selected as 4w-IAA<sub>low</sub> and immediately treated showed no reduction in hyperglycemia, irrespectively of whether they belonged to colony #1 (P = 0.9777) or #2 (P = 0.3365; Fig. 1, A and B). As we monitored a total of 21 treated mice, and Daniel et al. (2011) showed 100% protection in a group of 12 animals, a putative discrepancy in IAA<sub>low</sub> preselection does not explain differences in the qualitative assessment of disease protection. We next monitored mice that were classified as IAA<sub>low</sub> at 6 wk of age and were treated, or not, with R22E in the following days. We choose this age with confidence because Dan-
iel et al. (2011) reported total prevention of disease when treating 12-wk-old animals. Mice were either maintained euthymic (Fig. 1 C), sham operated (Fig. 1 D), or thymectomy (Fig. 1 E) before treatment. Of note, sham surgery per se lowered the incidence of T1D, whereas effective thymus removal reverted this effect, emphasizing that our NOD colony is responsive to small effects promoting disease protection. Intriguingly, disease onset was precipitated, and T1D incidence was systematically higher in R22E-treated than in untreated mice (no surgery: 72.7% vs. 40.9%, P = 0.024; sham-thymectomy: 60% vs. 15.4%, P = 0.0221; thymectomy: 85.7% vs. 38.5%, P = 0.0017). The observed increased T1D incidence and earlier disease onset in animals treated at 7 but not at 4 wk of age is best explained by the high efficiency of IAA based selection in the former group of mice, with low and late T1D incidence allowing for worsening to be revealed.

The finding that R22E treatment is not protective in our NOD cohorts while it fully prevents disease in Daniel et al. (2011) was imported from the Taconic facility, where segmented filamentous bacteria (SFB), reported to reduce T1D incidence in NOD females (Kriegel et al., 2011), is present. Specific 16S-PCR on fecal extract (Vaishnava et al., 2011) detected SFB in ≥80% of our experimental mice (colony #1) and in all breeders (colony #2) <3 mo after importation (not depicted), excluding this bacterium as a confounding factor.

Finally, we assessed whether R22E treatment affected insulitis severity. Blinded examination of pancreatic sections from 30-wk-old normoglycemic mice revealed lower frequency of insulin-producing islets and higher frequency of severely infiltrated islets in treated compared with control animals (Fig. 2), indicating that R22E also worsens clinically silent insulitis.

By addressing the efficacy of R22E in NOD mice and several possible confounding physiological factors such as age, putative genetic drift, thymic output, or experimental factors such as peptide synthesis and purification, we found the protection reported previously not to be reproducible. Upon sharing these findings with C. Daniel, we could not ascertain repeats have been successful elsewhere or with other colonies (e.g., NOD–Foxp3GFP treated but not scored for disease in Daniel et al. [2011]) and came across a procedural discrepancy.
Despite the specification that the treatment duration was of 14 d, and elsewhere in the text from 4 to 6 wk of age, the authors left the pump in place for the full length of the experiments, i.e., 40 wk. As referred above, the mishandling of osmotic pump can induce inflammation, and inflammation per se has been shown multiple times to lower T1D incidence, delay its onset, or even confer full protection in NOD mice. It is also expected that the pump would release another 22 µl of peptide solution after the 14 d, corresponding to an extension of the treatment for an estimated 3.5 d. Hence, it remains possible that pump-induced inflammation in combination or not with extended R22E administration generated a false-positive treatment outcome in Daniel et al. (2011).

Our work suggests that failure in translating preclinical studies may relate to their lack of robustness and, in turn, supports the notion that the NOD mouse remains a suitable model for screening candidate therapies for human T1D. As confounding factors in procedures are best revealed through independent repeats and because variability across inbred colonies pales compared with the heterogeneity of humans participating in clinical trials, we stress that translation must only be considered when peptide, or any other, therapy is robust across centers and animal facilities. This is particularly acute when results, such as ours, reveal cases of disease worsening.

**MATERIALS AND METHODS**

**Mice**

NOD/Lt breeders for colony #1 and #2 were purchased from The Jackson Laboratory in 1998 and 2014, respectively, and maintained at the Instituto Gulbenkian de Ciência (IGC) animal facility under specific pathogen–free conditions, according to the Federation for Laboratory Animal Science Association guidelines. Mice were sacrificed at 30 wk of age or when confirmed diabetic. Experimental protocols were approved by the Portuguese authority (Direção Geral de Alimentação e Veterinária) and the ethical committee of the IGC.

**Diabetes monitoring**

Blood glucose levels were monitored weekly from 10 wk of age with ACCU-CHEK AVIVA Glucose strips (Roche). Mice were considered diabetic after two consecutive measurements >200 mg/dl and one positive test of urine glycosuria (Diabur Test 5000 glucose strips, #1064769074; Roche).

**IAA detection**

Serum IAA levels were measured by Time-Resolved Fluorescence DELFIA immunoassay on a Victor3 Multilabel Counter fluorimeter (Wallac). ELISA Plates (#206072; Santa Cruz Biotechnology, Inc.) were coated with human recombinant insulin (100 U/ml, Humulin Regular; Lilly), blocked with 2% BSA (#A9647; Sigma Aldrich) and incubated sequentially with sera (1/10), biotinylated anti–mouse IgG1 Ab (1/5,000, #ab11587; Abcam), Europium-labeled Streptavidin (1/2,000, #1244-360; PerkinElmer) and DELFIA Detection solution (#1244, PerkinElmer). Each sera was measured in two independent assays. On each plate, a standard curve was generated from serial dilution of a pool of IAAhigh sera, and the first dilution was given a value 10. The best-fit trend line of the standard curve was determined using Excel. The equation of the trend line, the R2 value, and the concentration of each sample were generated using www.Elisaanalysis.com.
Histology and immunofluorescence

Pancreatic tissue from NOD mice was paraffin embedded, sectioned, and hematoxylin and eosin–stained. Islets were scored blindly for immune infiltration as follows: 0, no infiltration; 1, periinsulitis; 2, infiltration in <50% of the area; 3, >50% of the area; and 4, islets completely destroyed. Insulin and glucagon were stained with primary monoclonal mouse anti-insulin Ab (1/1000; SIGMA) and polyclonal rabbit anti-glucagon Ab (1/100; Dako) and secondary Abs Alexa Fluor 488 goat anti–mouse IgG (H+L) and Alexa Fluor 546 goat anti–rabbit IgG (H+L) (1/500; Molecular Probes, Invitrogen), respectively. After Hoechst 33342 nuclear staining, immunofluorescence was visualized on an Axio ImagerA1 microscope (ZEISS).

Peptides and osmotic pumps

R22E and B9:23 from Thermo Fisher Scientific (>95% purity) were used to treat colony #1 and R22E from New England Peptide (>90% purity) to treat colony #2. Peptides were administered subcutaneously at a rate of 0.25 µl/h, corresponding to 5 µg/day, over 14 d, through micro-osmotic pumps (Alzet model 1002, Charles River), inserted and explanted by aseptic surgery. Where indicated, control mice were sham operated, both at the insertion and the removal times.

Thymectomy and sham-thymectomy

Thymectomies were performed in aseptic conditions on 6-wk-old mice under ketamine/xylazine anesthesia. Sham-thymectomy was surgery without removal of thymic lobes. Where indicated, control mice were implanted by aseptic surgery. Where indicated, control mice were sham operated, both at the insertion and the removal times.

Statistical analysis

T1D incidence was determined using Kaplan–Meier survival plots, statistically significant differences (P < 0.05) with Log-rank tests, and linear regression analysis were used to calculate the proportion of T1D onset explained by IAA titers. Statistical analysis was performed with Prism software (GraphPad Software).

Online supplemental material

Fig S1 shows an age-dependent correlation between IAA titer and T1D onset in two NOD colonies.

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